

Healthy Without Drugs

DEPUTY OF PREVENTION AFFAIR
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Healthy Without Drugs

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Foreword

Younger siblings are great, greeting antinarkoba!

Have the brothers heard about drugs? Drugs are very harmful to our bodies.

We will learn about drugs and the dangers through this book.

This book tells about the experience of a cake containing Andi received the drugs from a stranger. Why Andi fell ill after eating the cake? What should we do if a stranger gives us something? Ayuk read this book through to completion!

May this book be useful for us. Aamiin.

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Writer

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Hi, friends.
My name is Andi.
I was sitting in class
2 SD Tunas Bangsa.




Meet Seller Cakes

"It's no cake will make you excited."



Today the air is very hot. I came home from school alone. I'm hungry and thirsty.

Hey ... it's no drink vending brother. I immediately approached.




"Well ...
preoccupied.
Thanks, Bang!
"

Cake What's This?

I ate the cake with gusto.
After eating that cake, I became excited. I
return to the house singing happily.
Mama met me at the front of the house.





As it turned out, the cake
that makes me happy.
Tomorrow, I'll go back
the same Abang.

"Today Andi
looked cheerful
at all ... "

"Really, Ma?"

Why would I want
a cake that
continue?

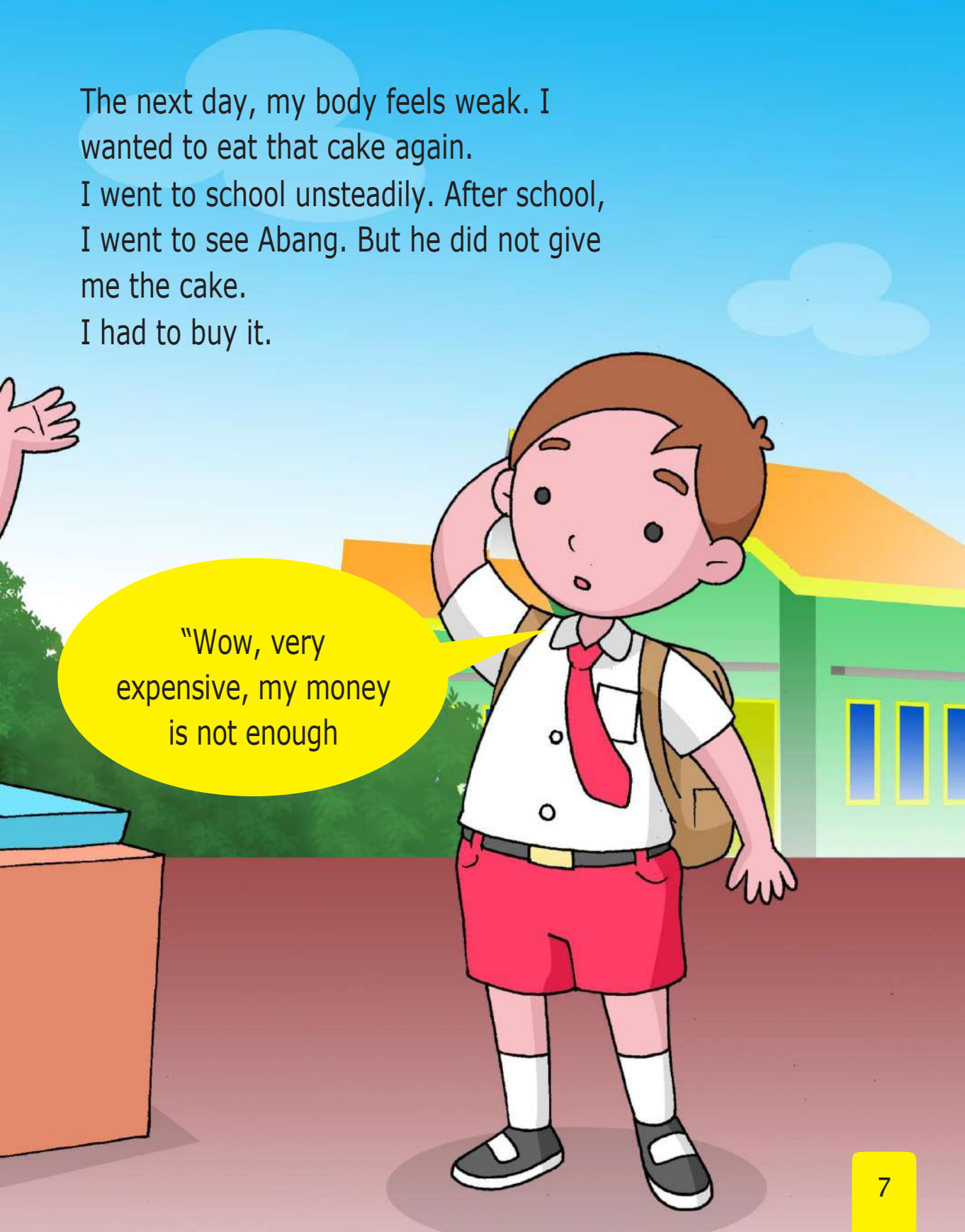
"Now, we have to
buy dong, the
price is Rp3,000."



The next day, my body feels weak. I wanted to eat that cake again.

I went to school unsteadily. After school, I went to see Abang. But he did not give me the cake.

I had to buy it.



"Wow, very expensive, my money is not enough"

steal money Mafta

Aku makan kue itu setiap hari.
Harganya makin mahal.
Uang jajanku tidak cukup untuk membelinya.
Tetapi, aku butuh kue itu.
Aku jadi berani mengambil uang Mama
tanpa izin.
Aku mencuri uang Mama!




Fall sick

Today, my body felt weak. My head hurts.

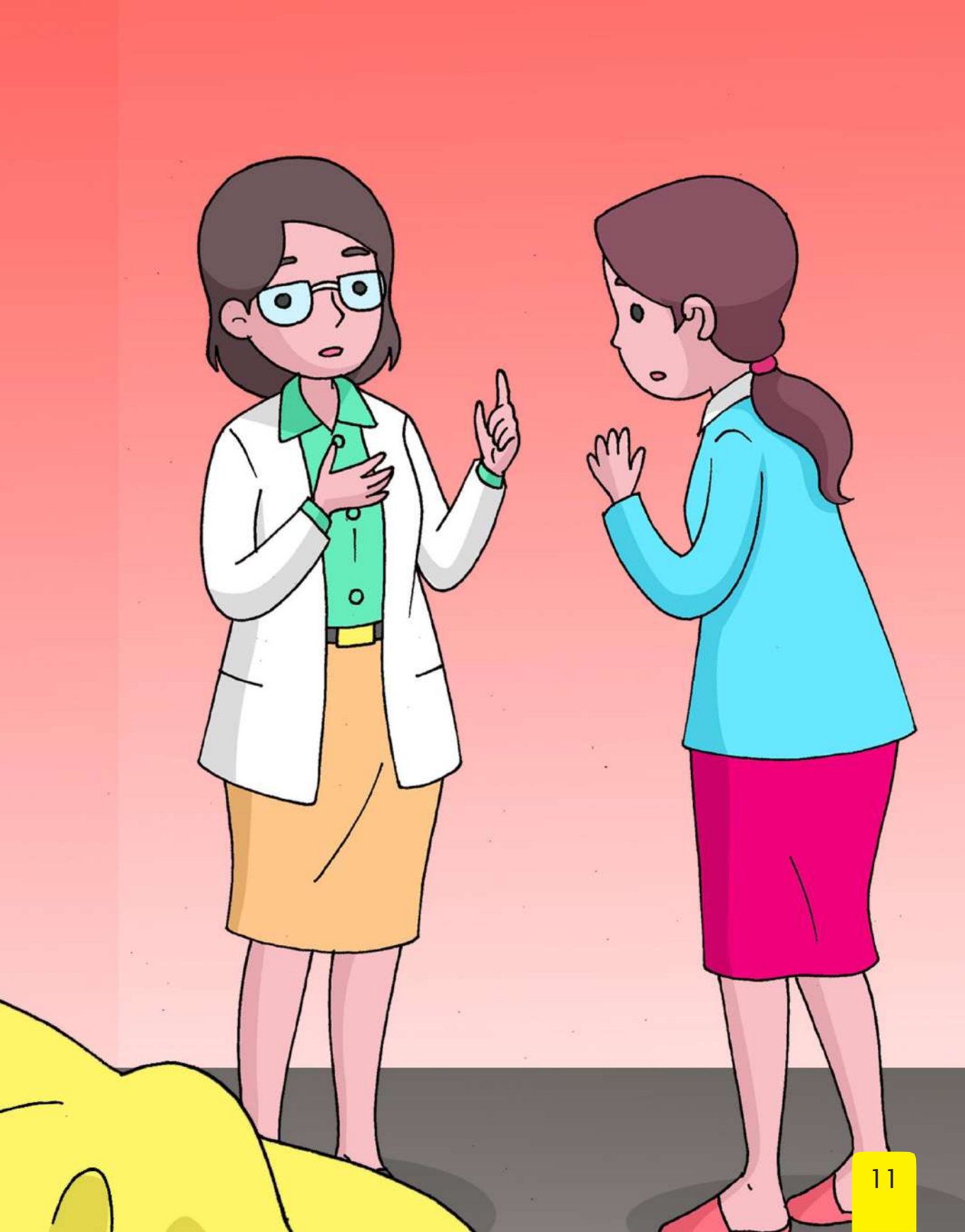
Watery eyes and nose. In fact, I'm not cold.

I also suffer from diarrhea.

Mama took me to the hospital.



I'm sick of what, huh? Is severe illness?



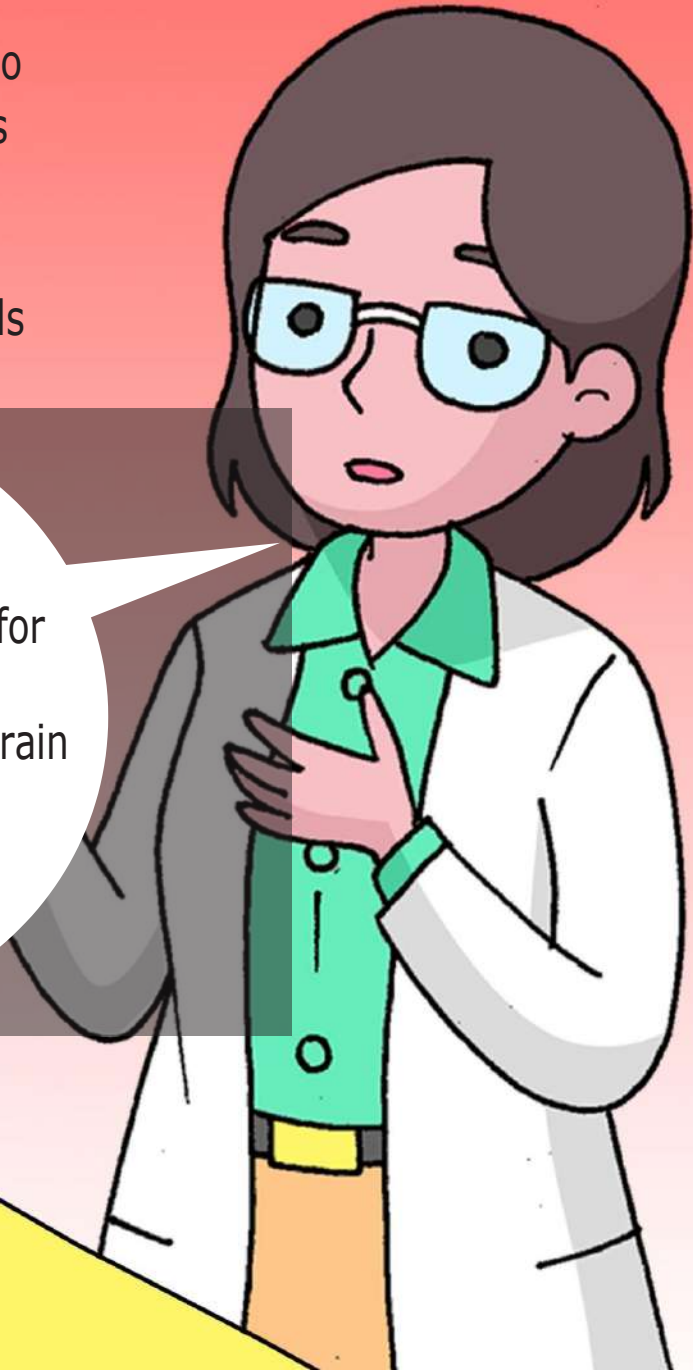


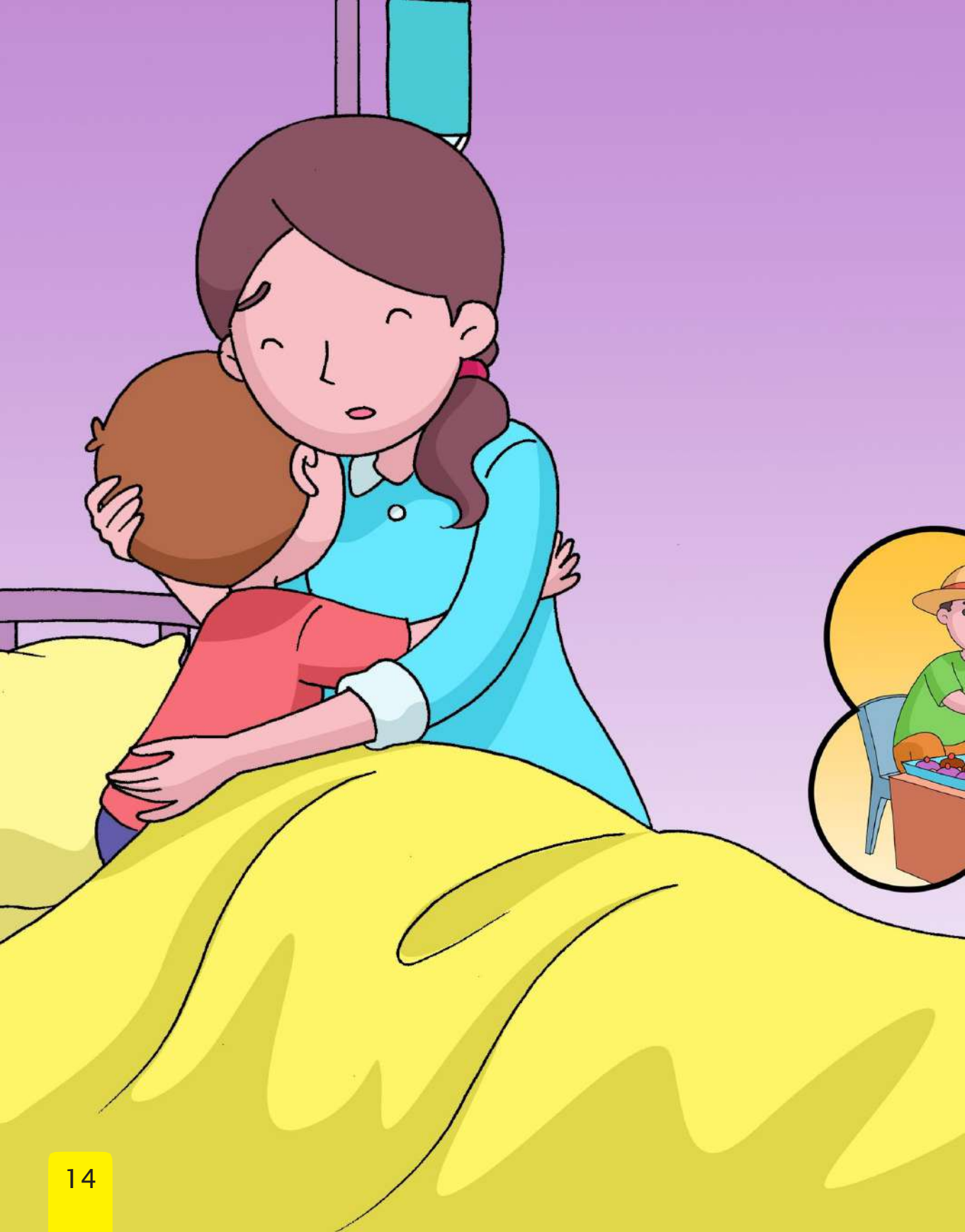
"Doctor, the
drugs were
what?"

What is a drug?

The doctor said I
was sick because no
harmful ingredients
that go into my
body.
Hazardous materials
it is a drug.

"Drugs that are harmful for
the body material.
Drugs can damage the brain
And organsour bodies. "





Forgive Me, Ma!

I cry.

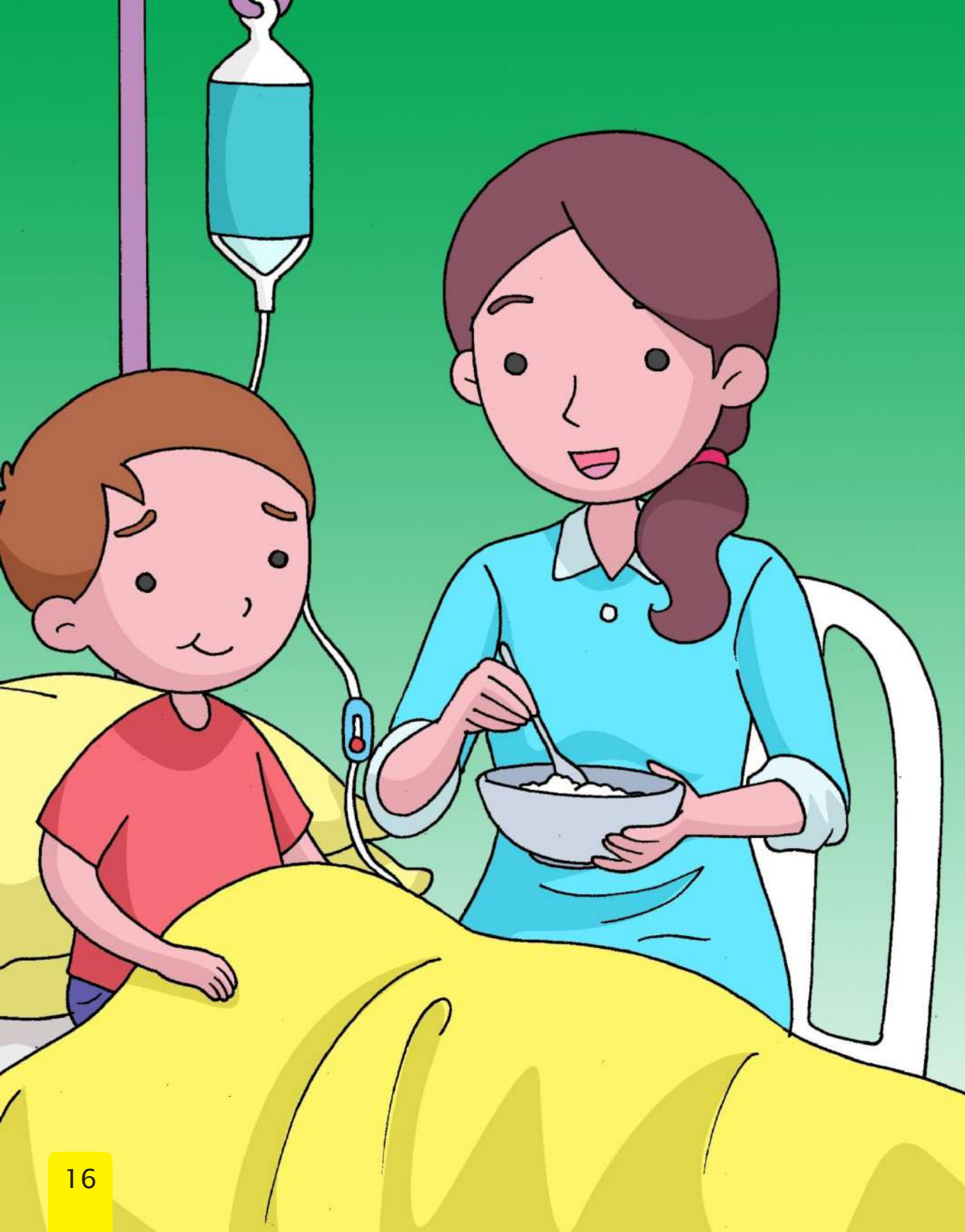
Mama hugged me tightly.

I'm sorry I did not tell Mama about that cake.

I promise not to eat that cake again.

Mama forgive me.





I Want To Heal

I want to be cured!

I want to study hard to be clever. I want to play football with my friends.





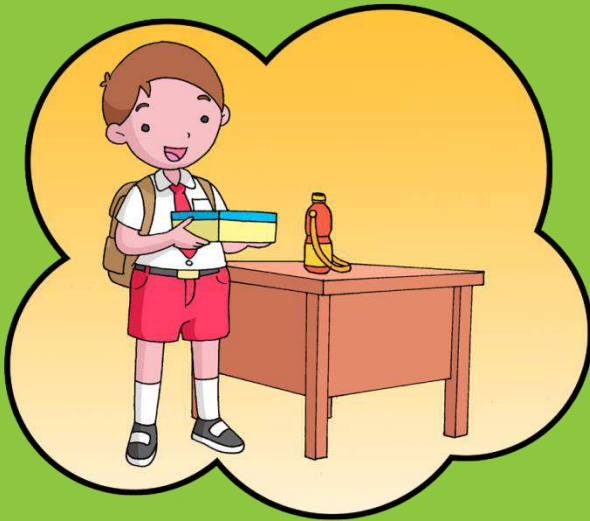
Meet Brother of BNN

Today, teachers and friends to visit.
I am so glad.
I also visited by brothers from BNN.
They greeted me kindly.



Let's Healthy Living

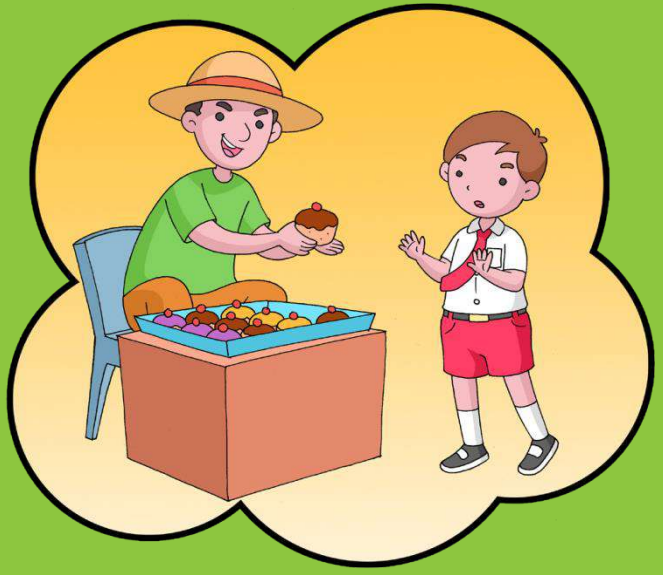
Sister of BNN gave me advice.



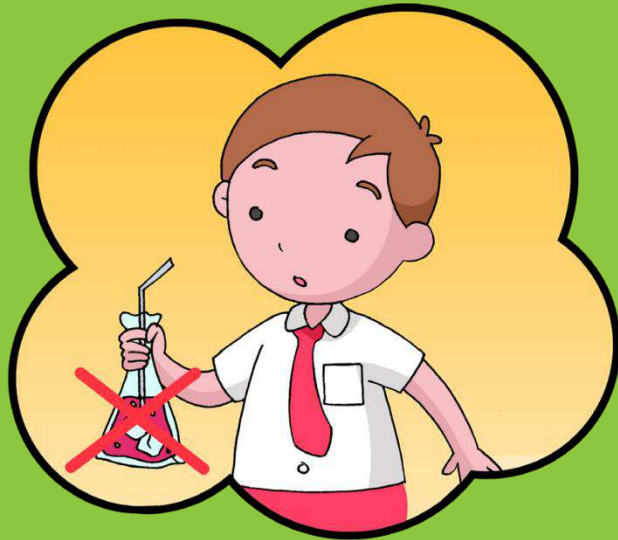
I have to bring lunch to eat and drink from home.



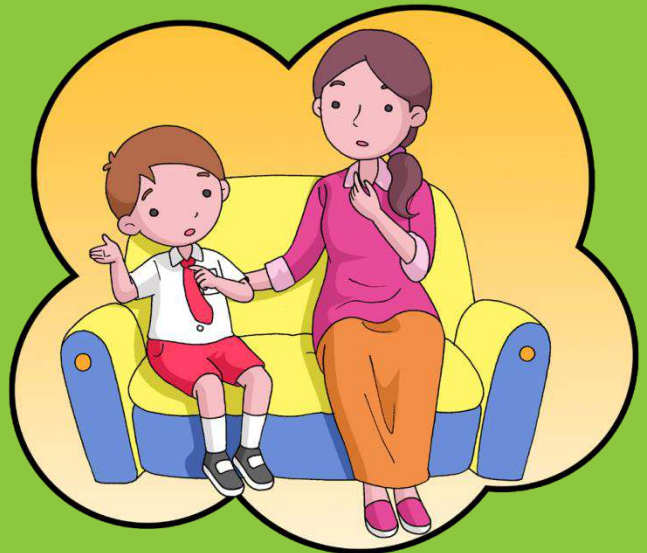
If you buy a drink, preferably still in the packaging.



I have to reject gifts from strangers I.



Avoid drinking water in bulk in plastic.



Be honest with parents.

I Cured

Now, I was cured.

I can learn more in the classroom. I do not want to eat that cake again.

I promise to be more careful.

I will not accept anything from strangers.





Instructions Teacher / Parent

1. It is expected that parents or teachers accompany children when using this book.
2. Try parents or teachers to get involved in children's activities.
3. Parents or teachers to teach children how to communicate well.
4. Parents and teachers provide good examples in everyday life.
5. Parents create and apply the family rules clear and unequivocal.
6. Parents develop family traditions and religious values.
7. Parents act as mentors and educators.
8. Parents provide opportunities for children to express their opinions.
9. Parents and teachers directing the child to resist the lure of a stranger (unknown).